

Name:

School:

*Dare to
Dream*

Delivered by



Mentoring Booklet
Part 1: The Journey

Kicking things off

Discuss the Launch event:

- Which parts of Jack's delivery did you enjoy the most?
- Which messages really stood out and why?

Students:

- What are you like at school?
- How does being at school make you feel?
- How do you feel about your future after education?
- What did you think when Jack said "where you start from doesn't have to define where you can get to"?

Business Mentors:

- What were you like at school and as a young person in general?
- What did you like and dislike about school?
- When you were at school did you know what you wanted to do when you left?
- What was your support network like when at school?

Self Awareness & Identity



“

Knowing who you are is hard...
It's hard! So give yourself a break...
Eliminate who you are not first,
and you are going to find yourself
where you need to be.”

Matthew McConaughey

”

Conversation Starters

- What type of person do you think you are? (e.g. Good, Decent)
- Do you think you have empathy and an understanding of how other people may be feeling?
- How do you feel when Jack explains that it's important to rid yourself of toxic people?

Students:

- Do you have a role model or someone you admire? What do you admire about them?
- How did you feel about the way England's players were treated after missing penalties?
- Do you have people in your life who encourage you? Or people who hold you back?

Business Mentors:

- Who were your positive role models and how did they encourage you?
- Have you had times in your life when you've needed to move away from people who were holding you back and towards people who encouraged you?

“

Grades don't define
you or your future –
your character does.

”

Grades, Character & Employability

**“People hire people”...
they “don’t hire pieces of paper.”**



Students:

- How do you feel about exams?
- Do you feel you must get good grades to be successful in life?
- What positive qualities that would appeal to an employer in the future, do you think you have to offer?

Business Mentors:

- Did you get the grades you wanted or needed at school? If you didn't, how did you feel?
- Why do you think having the right work ethic and people skills are important at work?
- How important do you think the way you treat other people is in your role?

Self-Belief



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Love Local
Jobs Foundation

Be your own cheerleader.

"You can achieve anything that you set your mind to"

"It requires discipline, hard work and determination"

"Some people might not believe in you. But YOU have to believe in YOU"

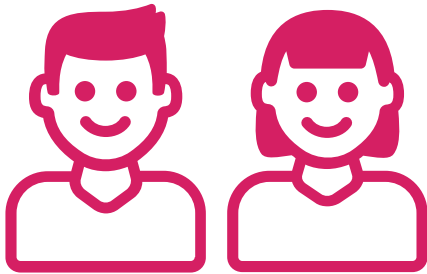
Students:

- What challenges have you experienced that have required self-belief and determination to overcome? (e.g. exams, sports, hobbies, games etc.)
- When you experience similar challenges again in the future how could you use some of the points covered in "The Journey" Event to help you overcome them?

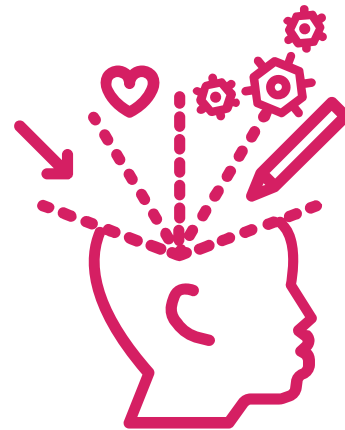
Business Mentors:

- How important is self-belief to you?
- What are the things about your job that make you feel less confident and how do you cope or deal with them?
- How does it make you feel when you have completed a challenge when others doubted you?

Core Themes covered



**Self Awareness
& Identity**



**Grades, Character &
Employability**



Self-Belief

Write down...

1. Which of the “Core Themes” covered do you think you most need to focus on?

2. How will you develop your chosen “Core Theme” and start trying to put some of the ideas into practice, both inside and outside of school?

3. What can you pledge to do before the next mentoring session to discuss when you next meet?

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